

5/6/20

## Covid-19 Virus Protocols for Leeds

### Preparation for work

Full showering with **washing** of hair with shampoo, and body with soap  
Hair and finger nails to be cut short. **Cleaning** of teeth with toothpaste and electric brush

**Clothes** Clinic coats, trousers and any underwear to be **washed** at a high temperature, and ironed if appropriate. Carried in a sealed bag, and changed into on arrival at The Hilton with washing of hands before changing.

**Journey to work** Short Car drive for 40 mins with no human contact or Train ride with face mask. Worn for the duration.

**Pre telephone consult** New patients or existing. Check for Covid-19 status, and household status. in Pt's notes. Information given on what to expect on visit. Explain track and chase GDPR protocol

### Consultations.

- 1.PPE for example Mask and (face shield to be assessed) ,and apron to be worn in corridor and reception
- 2.Hands to be **sanitized** or **washed** prior to consultation
- 3.No shaking of hands

**Treatment room.** Face mask to be taken off with patient consent. Face mask kept on if I have snuffles or non consenting patient.  
Glove deployment to be discussed ?  
Air Con to be used

Treatment techniques to be used that may risk air borne droplets to be minimize with face of patient to be facing away from the practitioner for example

Clean head squares to be used on the pillow for every patient  
**Sanitize** Computer and Sum up keyboards

**Wash** down with **disinfectant** the couch, handles and hooks on the door  
Patients chair to have protective covering that is **disinfected** after each patient

End of session all plastics and tissue paper to be removed from room for example, tissues wrapped in PPE Mask and tissue paper, and disposed in kitchen bin in a poly bag

**To record Covid-19 compliant in Notes after treatments**

### Reception area

The Hilton Protocol applies

### Leaving work

Clean and **disinfect** .Changed out of clinic clothes into casual clothes. Seal in a bag and wash at a high temperature. All non clinical waste double bagged and left for 72 hours before disposal. Hoovering of carpet to be done 72 hours after room use on Monday morning.  
Reviewed Monthly

**Wash all clinical garments at a high temperature at home C.T.Davis Osteopath 303**

